Catered Hall Menu

Sample Breakfast menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------------|--------------------------|---|--------------------------|-------------------------------|---------------------------|---------------------------|
| Scrambled Eggs | Fried Eggs/Tofu Scramble | Poached Eggs | Fried Eggs/Tofu Scramble | Pancakes and Waffle Day | Chef's Choice of Eggs | Chef's Choice of Eggs |
| Sliced Avocado | Locally Sourced Sausage | Chorizo, Squash, Red Onion and Potato Hash | Locally Sourced Sausage | Maple and Bacon | Vegan Scrambled Eggs | Vegan Scrambled Eggs |
| Crispy Potatoes | Red Tractor Bacon | One Pot Boston Beans, Seitan and Cumberland Sausage | Red Tractor Bacon | Poached Eggs | Bacon and Sausage | Bacon and Sausage |
| Grated Cheese | Vegan Sausage Patties | Roast Tomatoes | Quorn Cumberland Sausage | Yoghurt and Berries | Quorn Cumberland Sausage | Quorn Cumberland Sausage |
| Roasted Cherry Tomatoes | Baked Beans | Polenta Wedge | Baked Beans | Bananas and Chocolate | Vegetable Sausage | Vegetable Sausage |
| Wilted Spinach | Mushrooms | | Mushrooms | Spinach and Creamed Cashew | Baked Beans and Mushrooms | |
| Refried Beans | Fresh Bread Roll | | Fresh Bread Roll | | Grilled Fresh Tomatoes | Baked Beans and Mushrooms |
| Warm Corn Tortilla | Hash Browns | | Hash Browns | | Potato Waffles | Hash Browns |

Cold breakfast is available every morning including: cereals, a yoghurt bar, homemade granola, a selection of breads and pastries and more



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|---------|--|---|--|---|---|---------|---|---|
| | Pasta Bar Spaghetti and Fusilli Pasta | Chipotle Cod Tacos with Cortido | Korean Fried Chicken with Katsu Curry Sauce | Locally Sourced Beef and Red Wine Lasagne | Thai Red Tractor Chicken Thighs with Nuoc Cham | | Indian Butter Chicken Curry | Locally Sourced Roast Beef and Yorkshire Pudding |
| | Roasted Broccoli and 3 Cheese Sauce | Filo Pastry Spiral filled with Feta, Spinach and Parmesan | Roasted Aubergine and Soya Greek Moussaka | Mascapone and Basil Arancini with Roasted Pepper Sauce | Jackfruit and Tofu Kofta | | Roast Aubergine, Spinach and Butterbean Bhuna | Roasted Cauliflower Steaks with Red Onion Focaccia and Cheese Sauce |
| DINNER | Slow Roasted Tomato and Pepper Sauce | Crispy Quinoa Cakes with Tomato and Chickpea Relish | Lentil and Rosemary Sausage Rolls with Sea Salt Crust | Sweetcorn and Cannellini Bean Fritters with Sweet Chilli Sauce | Fragrant Thai Green Vegetable Curry | LUNCH | Spinach and Sweet Potato Dhal | Horseradish Sauce |
| | Lentil and Braised Mushroom Bolognaise | Coconut Rice with Fresh Lime | Sea Salt and Black Pepper Roast Potatoes | Garlic and Herb Bread | Roast Broccoli and Red Onion with Hoisin and Sesame | _ | Pilau Rice and Poppadoms | Crunchy Roast Potatoes |
| | Chips, Garlic Ciabatta, Cheddar, Feta, Vegan Cheese, Shredded Seitan and Garlic Mushrooms | Herby Diced Potatoes | Fruit Infused Cous Cous | Cajun Style Potato Wedges | Pilau Rice or Steamed Egg Noodles Kecap Manis | | Naan Bread and Veg Samosaa | Steamed New Potatoes |
| | Roast Mediterranean Veg | Seasonal vegetables | Seasonal vegetables | Seasonal vegetables | Chilli oil | | Mango Chutney | Seasonal vegetables |
| | | | | | | | | |
| DESSERT | Vegan chocolate brownie | Apple and Blackberry Crumble | Pineapple Upside Down Cake | Ginger and Orange Sponge | Guinness Cake | :RT | Assorted Desserts | Assorted Desserts |
| | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | DESSERT | Yoghurt Bar | Yoghurt Bar |
| | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | | Selection of Fresh Fruit | Selection of Fresh Fruit |



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|---------|--|--|---|--|--|-------|--|--|
| | Hoi Sin Glazed Chicken Thighs | Tandoori Spiced Chicken Breast with Yoghurt and Coriander Dressing | Mexican Spiced Fishcakes with Ancho Mayonnaise | Pasta Bar with Penne, Fusilli or Spaghetti | Fajita Spiced Aubergine with Peppers and Onion | | Gyros Day | Locally Sourced Roast Chicken with Sage and Onion Stuffing |
| | Sichaun Pepper Spiced Tofu and Black Beans | Smoky Bean and Quorn Texas Chilli with Torttillas | Creamy Feta, Sweet Potato and Spinach Filo Tart | Roast Cauliflower and Bean Bolognaise | Sweet and Smoky Soy Chilli | | Red Tractor Chicken Marinated in Oregano, Paprika and Garlic | Roast Lentil and Bean Loaf |
| DINNER | Kung Pow Jackfruit | Fragrant Thai Green Tofu Curry | Spiced Chickpea Wellington with Tomato and Oregano Sauce | Creamy Garlic Mushroom Sauce | Pulled Spicy Jackfruit with Lentils and Tomatillo | LUNCH | Roasted Halloumi marinated in Sumac and Garlic | Sea Salt Roast Potatoes |
| ۵ | Egg Noodles and Fried Rice | Steamed Basmati Rice | Caramelised Red Onion and Chive New Potatoes | Homemade Spicy Fennel Sausage Meatballs | Refried Beans, Fiesta Rice, Tortilla's and Nacho Station | 3 | Mock Lamb marinated in Lemon, Cumin and Mint | |
| | Stir Fried Greens with Chilli and Soy | Saag Aloo | Lemon and Herb Quinoa | Garlic Sauteed Greens, Homemade Pesto, Garlic Bread and Crispy Vegetable Fritti | Nacho Cheese Sauce, Vegan Sour Cream, Guacamole, Jalapenos, Curtido, Corn Salsa | | Houmous, Tzatziki | Steamed New Potatoes with Mint |
| | Prawn Crackers and Spring Rolls | Seasonal Vegetables | Seasonal Vegetables | Flava Station | Chilli Sauces | | Mango Chutney | Seasonal Vegetables |
| | · | | | | | | | |
| RT | Sticky Toffee Pudding with Toffee Sauce | Pineapple and Cream Cheese Cake | Vegan Chocolate Cake | Biscoff Cheesecake | Churros | ERT | Assorted Desserts | Assorted Desserts |
| DESSERT | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | DESSE | Yoghurt Bar | Yoghurt Bar |
| Ī | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | _ | Selection of Fresh Fruit | Selection of Fresh Fruit |



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | SATURDAY | SUNDAY |
|---------|---|--|---|--|---|-------|---|--|
| | Buta no Shogayaki (Japanese Stir Fried Ginger Pork) | Chargrilled Locally Sourced Chicken with Baby Mozzarell, Tomato and Fresh Basil | Spicy Mixed Fish Curry | Pasta Bar with Penne, Spaghetti and Fusilli | Jollof Spiced Grilled Chicken | | Chipotle Beef Chilli | Shepherd's Pie |
| | Smoked Cheddar Macaroni Cheese with Leeks | Indian Inspired Sweet Potato and Chickpea Tikka Masala | Mock Lamb, Aubergine and Feta Filo Tart | Wild Mushroom, Cream with Homemade Pesto | Roast Okra with Tomato, Peppers and Sweetcorn | | Smoky Jackfruit and Blackbean Chilli | Butternut squash and mushroom filo tart |
| DINNER | Vietnamese Tofu Burger | Butterbean, Paprika and Root Vegetable Ragu topped with Crispy Pastry | Baked Lentil, Carrot and Sweet Potato Loaf | Sun-Dried Tomato and Basil Sauce | Sweetcorn and Tofu Fritters | LUNCH | Coriander and Lime Rice | |
| | Herby Diced Potatoes | Roast New Potatoes with Garlic and Sage | Roast potatoes | Roast Aubergine with Capers, Olives in a Sweet Tomato Sauce | Jollof Rice | | Spaghetti or Fusilli Pasta | Roast potatoes |
| | Garlic and Herb Bread | Coriander and Lime Rice | Herb Infused Cous Cous | Veggie Bacon, Spinach and Ricotta Gnudi, Garlic Mushrooms, Ciabatta, Assorted Cheeses | Roasted Carrots with Cumin and Maple | | Shredded Lettuce, Guacamole, Taco Shells, Tortilla, Pico de Gallo | Steamed New Potatoes with Mint |
| | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetab <mark>les</mark> | Seasonal Vegetables | Baked Sweet Potatoes | - | Nacho Cheese Sauce | Seasonal Vegetables |
| | | | | | | | | |
| RT | Apple Crumble | Carrot Cake Swiss Roll | Orchard Plum Cake | Panettone Doughnuts | Blueberry Poke Cake | ERT | Assorted Desserts | Assorted Desserts |
| DESSERT | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | DESSE | Yoghurt Bar | Yoghurt Bar |
| | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | | Selection of Fresh Fruit | Selection of Fresh Fruit |



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | SATURDAY | SUNDAY |
|---------|--|--|---|---|--|---------|--|--|
| | Mock Lamb, Pea and Potato Samosa | Red Tractor Beef and Red Wine Lasagne | Locally Sourced Turkey Schnitzel with Roast Tomato and Basil Sauce | Pasta Bar with Penne, Spaghetti and Fusilli | Grilled Chicken Breast Spiced with Cardamon and Lime | | British Red Tractor Beef Burger | Homemade Chicken and Mushroom Pie |
| | Spinach and Mushroom Masala Fritatta | Red Pepper and Spinach Frittata | Beetroot Rainbow Falafel with Tomato Sauce | Applewood Smoked Cheddar and Leek Sauce | Keema Spiced Mock Lamb | | BBQ Pulled Jackfruit Burger | Roast Bell Pepper with a Lentil, Tomato and Herb Filling |
| DINNER | Sweet and Sour Aubergine and Paneer Curry | Roasted Butternut Squash and Coconut Curry | Cauliflower Bombat Burrito with Pickled Red Onion and Mint Dressing | Slow Roasted Tomato and Pepper Sauce | Sweet Potato and Chickpea Tikka Masala | LUNCH | Bean Chilli | Sea Salt Roast Potatoes |
| | Butternut Squash, Coconut and Spinach Dhal | Coriander and Lime Rice | Steamed Penne Pasta | Lentil and Mushroom Bolognaise | Blackbean Chilli | 3 | Cheese Slices including Vegan Cheese | Steamed New Potatoes with Fresh Herbs |
| | Roast Cauliflower with Cumin, Turmeric and Lemon | Tarragon and Chive Buttered New Potatoes | French Fries | Lemon Chicken, Vegan Meatballs, Garlic Mushrooms, Crispy Garlic Ciabatta | Saag Aloo, Steamed Rice, Poppadoms and Mango Chutney | | Sliced Jalapenos, Red Slaw, Corn on the Cob and Assorted Rolls | |
| | Flava Station | Seasonal Vegetables | Seasonal Vegetables | Flava Station | Cucumber and Mint Raita | | Beefeater Fries | Seasonal Vegetables |
| | | | | | | | | |
| RT | Biscoff Sticky Toffee Pudding with Toffee Sauce | Cherry Tiffin | Vegan Chocolate Courgette Cake | Popcorn Brownie | Caramel Shortbread with Toffee Sauce | DESSERT | Assorted Desserts | Assorted Desserts |
| DESSERT | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | | Yoghurt Bar | Yoghurt Bar |
| | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | | Selection of Fresh Fruit | Selection of Fresh Fruit |



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|---------|---|--|---|--|--|---------|--|--|
| | Roast Vegetable and Lentil Filo Parcel | Roast Chicken with Dates, Capers and Olives | Homemade Red Tractor Chicken Kiev | Pulled Pork Burrito | Pasta Bar with Penne, Fusilli and Spaghetti | | Bao Buns | Roast Red Tractor Turkey with Apricot Stuffing |
| | Roasted Curried Cauliflower with Toasted Foccia and Cheese Sauce | Mock Lamb and Roasted Vegetable Tagine | Fragrant Thai Red Tofu and Coconut Curry | Slow Roasted Vegetable and Bean Lasagne | Roasted Broccoli and 3 Cheese Sauce | | Teriyaki Glazed Chicken | Roast Lentil and Bean Loaf |
| DINNER | Vegan Cottage Pie with Sweet Potato Mash | Chickpea Wellington with Provencale Sauce | Quinoa and Beetroot Burger with Celeriac Slaw | Blackbean and Sweet Potato Quesadillas | Slow Roasted Tomato and Pepper Sauce | LUNCH | Ginger and Soy Tempeh with Peanut Free Satay Sauce | Sea Salt Roast Potatoes |
| Δ | Steamed New Potatoes with Fresh Herbs | Roast Potatoes | French Fries | Herby Diced Potatoes | Lentil and Mushroom Bolognaise | 5 | Miso Aubergine and Mushrooms | Crushed New Potatoes |
| | Herb Infused Quinoa | Steamed Egg Noodles | Steamed Rice | Garlic and Herb Bread | Shredded Saitan, Vegan Meatballs, Garlic Mushrooms and Assorted Cheeses | | Buffalo Cauliflower Wings | |
| | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Warm Ciabatta | | Asian Slaw | Seasonal Vegetables |
| | | ' | | | | | | |
| RT | Sticky Banana and Maple Cake | Apple Strudel | Lemon Curd Marble Sponge | Forest Fruit Cheesecake | Mocha Brownie | DESSERT | Assorted Desserts | Assorted Desserts |
| DESSERT | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | | Yoghurt Bar | Yoghurt Bar |
| | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | | Selection of Fresh Fruit | Selection of Fresh Fruit |

Catered Hall Menu - Week 6 Breakfast served 7 days a week



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | SATURDAY | SUNDAY |
|---------|--|---|---|--|----------------------------------|---------|---|----------------------------------|
| | Teriyaki Glazed Chicken with Bao Buns and Asian Slaw | Pasta Bar with Spaghetti, Penne and Fusilli | Tandoori Cauliflower with Toasted Coconut and Peas | Red Tractor Beef and Vegetable Pie with Flaky Pastry | Southern Fried Chicken Thighs | | Fragrant Thai Green Chicken Curry | Lemon and Thyme Roast Chicken |
| | Caribbean Jerk Jackfruit Taco | Roast Broccoli in a Creamy 3 Cheese Sauce | Sweet Potato, Spinach and Paneer Samosa | Mushroom and Lentil Filo Parcels | Crispy Fried Tofu | | Sweet and Spicy Butternut Squash and Lentil Curry | Sweet Potato and Lentil Roast |
| DINNER | Seitan and Penne Carbonara Bake | Slow Roasted Tomato and Pepper Sauce | Punjabi Style Yellow Lentil Curry | Sweet and Sour Tofu with Red Peppers | Mac 'n' Cheese | LUNCH | Fried Rice | Roast Potatoes |
| | Herby Diced Potatoes | Green Lentil and Wild Mushroom Bolognaise | Green Beans with Mustard Seeds and Ginger | Mashed Potatoes | Baked Sweet Potatoes | 3 | Garlic and Coriander Naan Bread | Steamed New Potatoes |
| | Garlic and Herb Bread | Shredded Bacon, Vegan Meatballs, Garlic Mushrooms, Warm Ciabatta | Pilau Rice, Saag Aloo, Onion Bhaji, Poppadoms | Lemon and Herb Quinoa | Fried Greens | | Prawn Crackers | |
| | Seasonal Vegetables | Flava Station | Flava Station | Seasonal Vegetables | Chilli Buttered Sweetcorn | | Mini Spring Rolls | Seasonal Vegetables |
| | | | | | | | | |
| RT | Rum and Raisin Tart | Portuguese Custard Tart | Gulab Jamon. Warm Doughnut Spheres steeped in Saffron and Cardamon Syrup | Yoghurt Cake with Apples | Pear and Ginger Cake | RT | Assorted Desserts | Assorted Desserts |
| DESSERT | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | Evening Yoghurt Bar | DESSERT | Yoghurt Bar | Yoghurt Bar |
| | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | Selection of Fresh Fruit | | Selection of Fresh Fruit | Selection of Fresh Fruit |